

MANAGE MY HEALTH – terms and conditions

www.managemyhealth.co.nz

www.peninsulamemical.co.nz

Manage my health (MMH) is a web site for you, which uploads patient information from our computer to a secure web server (same technology as internet banking) and you can access it via a computer or mobile phone app. MMH is a place where you can access medical information specific to yourself e.g. laboratory results, order repeat prescriptions and make routine appointments. We fully support the concept of a patient held electronic health record and this is the first steps towards this.

Please read and sign this form if you wish to use this service and return this form to Reception

IMPORTANT

**Please do not use Manage My Health to communicate acute serious problems to your doctor.
Please phone the surgery for advice in the usual manner.**

Online Routine Appointments

Please use the online appointments for routine bookings. If you will need longer than the standard 15 minutes, please call for a double appointment. For on the day or acute appointments please call reception. Please note our cancellation policy applies – see our website for details.

Routine Repeat Prescriptions

Please use the Request Repeat Prescription service. You will receive an email when your doctor has done the prescription. Please allow 2 working days for this service. If you need a prescription more urgently, please phone the surgery 380 8855.

Test Results

Manage My Health is one of the ways of notifying you of test results. We also use texting and telephone. When we file a result you will be sent an email saying your record has been updated.

Your 'Lab Results' section in the 'Health Summary' option will have your results. One column has your doctor's comments on the test. For more detail click the blue 'i' button. Please read your doctor's comments and take any action recommended.

Please be aware that some tests take longer to process than others, depending on their complexity. Your results will be forwarded to your inbox when your GP has reviewed them. Any abnormal results will be discussed with you.

Please do not switch off the automatic notification box in your Manage My Health inbox setup.

Technical Support

The website is provided by MedtechGlobal, a New Zealand company that provides the software that Peninsula Medical Centre uses. They are unable to see your information, as it is encrypted.

If you are having problems with the website, please go to: <http://www.managemyhealth.co.nz/ContactUs/>

Please sign this form in acknowledgement of the following points below:

- ✓ I am 18yrs or above and I have read and understand the above information.
- ✓ I may use Manage My Health to check lab results & will action the doctor's recommendations if I do so.
- ✓ I understand if there is misuse of Manage My Health the practice reserves the right to de-activate the user.
- ✓ I am aware that for acute serious problems I will call the surgery (04 3808855), or 111 in an emergency.

Name: _____

DOB: _____

Email (for login): _____

(Email address must be your own and not a family or shared email address)

Signed: _____

Date: _____